What do we need to promote better outcomes for families where a parent has a mental illness?

**What to do:**
- Provide information
- Enable support including targeted peer support programs
- Help families plan ahead

**How to work:**
- Listen to families
- Be curious
- Collaborate

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**How do we support these families to help their children to thrive?**

**School Teachers**
- Listen to families
- Be curious
- Collaborate

**School Well-Being Coordinator**
- Help families plan ahead

**Family Support Services**
- Access to targeted peer support programs can be helpful for these children and families

**FaPMI Coordinator**
- How do we support these families to help their children to thrive?

**School Principal**
- School resource helps to shape school community to be welcoming

**Service Managers**
- What governance structures will enable sustainable service delivery for these families?

**Adult Mental Health Services**
- What resources will increase understanding of mental illness for families and children?

**Librarians**
- How do we prevent these families from being invisible?
- What is needed to ensure services will be delivered collaboratively?

**Government Policy Makers/Writers**
- Access to targeted peer support programs can be helpful for these children and families

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Evidence shows that it takes a whole community approach to support families where a parent has a mental illness. Raising awareness generates questions for the workforce. Appropriate support and resources enables sustainable shifts in practice.

**Title:** A whole community approach to better outcomes for families where a parent has a mental illness

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